



North Coast Schools' Insurance Group

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SERVING DEL NORTE COUNTY AND HUMBOLDT COUNTY SCHOOLS

Are You Ready to ShakeOut?

At 10:20 a.m. on October 20, 2016, millions of Californians will “Drop, Cover, and Hold On” in The Great California ShakeOut, the state’s largest earthquake drill ever! All K-12 schools and districts are encouraged to participate in the drill (or plan a more extensive exercise). The ShakeOut is our chance to practice how to protect ourselves, and for everyone to become prepared. The goal is to prevent a major earthquake from becoming a catastrophe for you, your organization, and your community. To respond quickly you must practice often. You may only have seconds to protect yourself in an earthquake before strong shaking knocks you down, or something falls on you.

With earthquakes as an inevitable part of our future, schools should make plans and take actions to ensure that disasters do not become catastrophes. . To register as a participant for a ShakeOut drill in your area visit www.shakeout.org. Districts and individual schools of all sizes can use the drill to get their staff, students, and parents involved and prepared for a big earthquake. Furthermore, the level of staff and students’ personal and family preparedness will be key to their availability to support your school’s response and recovery efforts after a disaster. Use this opportunity to review your earthquake procedures with staff and students!



Get Prepared for Earthquakes:

- Check your emergency supplies and equipment; ensure they are accessible & functional.
- Download & review school preparedness materials from ShakeOut.org
- Encourage staff & students to prepare at home by distributing take-home materials.